

Home Delivered Meal Program Registration					Site: _____
Please complete this form to the best of your ability.					Staff: _____
Contact Date	Status	AAA Region	Eligibility Category (Check one): <input type="checkbox"/> Client <input type="checkbox"/> Spouse <input type="checkbox"/> Volunteer <input type="checkbox"/> Caregiver <input type="checkbox"/> Disabled under 60	NAPIS ID Number - -	
Section A. Basic Demographics					
Last Name:			First Name:		Middle Initial:
Lives in Rural Area (Circle One): Yes No			Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Unspecified		Date of Birth: / /
Address:			Address #2:		
City:		State:	Zip Code:		County:
Home Phone: ()		Mobile Phone: ()		Work Phone: ()	
Section B. Social History					
Race (Circle one): American Indian/Alaskan White Hispanic 2 or More Races Native Hawaiian/Pacific Islander			Asian White not Hispanic Black/African American Other		Ethnicity (Circle one) Hispanic or Latino Non-Hispanic
Household Size (Circle One):		I live alone.		I live with others.	
Section C. Financial					
<input type="checkbox"/> <u>I live alone.....and my monthly income is between (circle one)</u>					
\$1,041/month or less		\$1,042- \$1,561/month		\$1,562-\$2,082/month	
				More than \$2,083/month	
<input type="checkbox"/> <u>I live with my spouse.....and our monthly income is between (circle one)</u>					
\$1,409/month or less		\$1,410-\$2,114/month		\$2,115-\$2,818/month	
				More than \$2,819/month	
Section D. Contacts					
Emergency Phone: ()	Emergency Contact Name			Emergency Contact Relationship	
Section E. Nutrition Risk Assessment					
Have you changed the way you eat due to illness or medical condition? Yes No			Are there times when you don't have enough money to buy the food you need? Yes No		
Do you eat less than 2 meals a day? Yes No			Do you eat alone most of the time? Yes No		
Do you eat few fruits or vegetables or milk products? Yes No			Do you take 3 or more prescribed or over-the-counter drugs each day? Yes No		
Do you have 3 or more drinks of beer, liquor or wine almost every day? Yes No			Have you lost or gained 10 pounds in the last 6 months without wanting to? Yes No		
Do you have tooth or mouth problems that make it hard to eat? Yes No			Are there times when you are not physically able to shop, cook or feed yourself? Yes No		

Section F. Activities of Daily Living

Can you walk around inside without any help? <p style="text-align: center;">Yes No</p>	Can you bathe or shower without any help? <p style="text-align: center;">Yes No</p>
Can you sit up or move around in bed without any help? <p style="text-align: center;">Yes No</p>	Can you use the toilet without any help? <p style="text-align: center;">Yes No</p>
Can you comb your hair, shave, wash your face, or brush your teeth without any help? <p style="text-align: center;">Yes No</p>	Can you dress without any help? <p style="text-align: center;">Yes No</p>
Can you get in and out of bed or chair without any help? <p style="text-align: center;">Yes No</p>	Can you manage eating without any help? <p style="text-align: center;">Yes No</p>

Section G. Independent Activities of Daily Living

Can you answer the telephone or make a phone call without help? <p style="text-align: center;">Yes No</p>	Can you do heavy house cleaning, like yard work and laundry, without any help? <p style="text-align: center;">Yes No</p>
Can you shop for food and other things you need without help? <p style="text-align: center;">Yes No</p>	Can you take your medications without help? <p style="text-align: center;">Yes No</p>
Can you prepare meals for yourself without help? <p style="text-align: center;">Yes No</p>	Can you handle your own money, like keeping track of bills without help? <p style="text-align: center;">Yes No</p>
Can you do light housekeeping, like dusting or sweeping, without help? <p style="text-align: center;">Yes No</p>	Can you use public transportation or drive beyond walking distances without help? <p style="text-align: center;">Yes No</p>

Section H. Use of Information

I understand that the information I am providing on this form is for registration purposes. The information will be used by the U.S. Health and Human Services Administration for Community Living (ACL), the Minnesota Board on Aging (MBA) and the local Area Agency on Aging, to create statistical reports. ACL, MBA and/or its assignees may use this information to conduct a study and/or survey of this service. In addition, information provided here, may be used by other service providers to help identify other services from which I may benefit, such as follow up to the Nutrition Risk Assessment. This information will not be released to anyone other than the above mentioned parties in a way that will identify me as an individual unless I sign a separate consent for that purpose.

Signature: _____ Today's Date: _____