

LSS SERVICES FOR OLDER ADULTS

ACTIVE.
◆ HEALTHY.
INDEPENDENT.



With the right community supports, older Minnesotans are 'Abundantly Aging': staying healthy, choosing to live at home longer, giving back as volunteers and remaining as independent as possible.

IN PARTNERSHIP WITH MINNESOTA NEIGHBORS:



CAREGIVER SUPPORT & RESPITE

Rejuvenating non-medical care allows caregivers to take a break and receive support, coaching, support groups and self-care classes.



FOSTER GRANDPARENTS

Older adults nurture children and youth in the classroom.



COMPANION SERVICES

Dedicated companions support older adults in their homes and communities.

Senior Companion

- available to qualified older adults

Neighbor to Neighbor Companions

- an affordable service for purchase

Community Companion

- in partnership with hospitals



LSS MEALS

Healthy, delicious meals and social contact are served-up every day through LSS Bistro community dining, LSS Meals on Wheels and LSS Meals to Go.

DECISION-MAKING & FINANCIAL SERVICES:



POOLED TRUST

Protects the financial security of older adults and people with disabilities to enhance their quality of life.



GUARDIANSHIP/ CONSERVATORSHIP, HEALTH CARE AGENT, POWER OF ATTORNEY, & PERSONAL REPRESENTATIVE OF THE ESTATE

Brings peace of mind through management of legal and financial affairs, and medical decision-making for individuals and families, including older adults and people with disabilities.

Lutheran Social Service of Minnesota is one of the state's largest, nonprofit social service organizations. 2,300 staff serve one in 65 Minnesotans of all ages in each of Minnesota's 87 counties and in more than 300 communities.



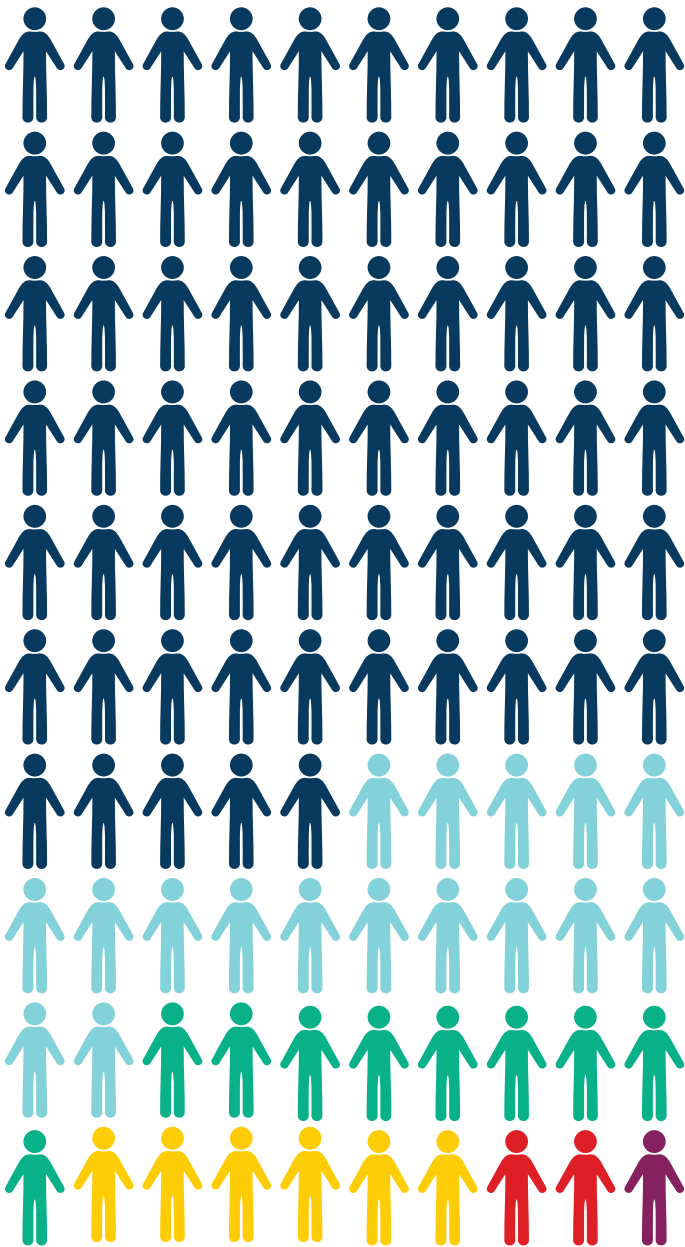
**Lutheran
Social Service**
of Minnesota

PEOPLE SERVED IN 2019

OUR IMPACT

55% of people supported by LSS Senior Companion report greater social connectedness.

75% of LSS volunteers from 2019 returned in 2020.*



LSS MEALS
with 5,843 volunteers

16,563

FOSTER GRANDPARENTS
with 329 volunteers

4,358

SENIOR COMPANIONS
with 379 volunteers

2,296

GUARDIANSHIP
with 11 volunteers

1,388

POOLED TRUST

558

CAREGIVER RESPITE
with 34 volunteers

289

*Volunteer data excludes Senior Nutrition volunteers

MOVING FORWARD

We are continuing to grow our collaborations with health care entities, churches, counties, local organizations and volunteers to bring new types of non-medical services to life. By tracking measurable outcomes we are finding creative ways to reduce costs and hospital visits while increasing social interaction and quality of life for older adults statewide.

