Our services support older adults in living healthier, more active and independent lives, and make eating fun and easy. We also serve individuals experiencing food insecurities or who need assistance with nutrition or nutrition requirements.

LSS Meals are currently available as congregate dining, home delivered and curbside pickup. Learn more about our services by visiting lssmn.org/lssmeals!

LSS Meals offers nutritious meals that are available statewide.

LSS Meals
800.488.4146
lssmn.org/lssmeals

© 2022 Lutheran Social Service of Minnesota serves all people regardless of race, color, creed, religion, national origin, sex, sexual orientation, disability or age. 8/2022.

5,491 veterans served

38,538 Frozen shipped meals

433,974 Kids’ meals

1,451,046 Meals Served

978,534 Home-delivered meals

Data taken from the 2021 LSS CEO Report.
Engage with LSS Meals Today

Volunteer Opportunities
Deliver fresh, hot meals and provide a safety check for older adults through our LSS Meals on Wheels service and/or serve meals at our LSS Bistro Community Dining Centers. Set your own schedule. No minimum volunteers hours are required.

Get Involved in your Community
We have LSS Bistro Community Dining Centers and LSS Meals on Wheels in 165 communities in 39 Minnesota counties. Services vary by location. Our LSS Meals to Go shipment service is available statewide.

Donate to LSS Meals:
651.529.8899
lssmn.org/oa/volunteer