



LSS Meals to Go



Seasonal favorites menu and order form



Enjoy our fall and winter seasonal favorites!

Our meals are designed by a registered dietitian to provide variety, balanced nutrition, and to meet dietary needs.

These meals are not in addition to the 14 meals included on the LSS Meals to Go Menu and count toward the total amount.



Qty.	MEALS Fall and Winter Seasonal Favorites	Carbohydrates (grams)
	Baked Ham served with butternut squash and cranberry pear sauce.	68 g
	Chicken Wild Rice Soup served with a biscuit and raspberry peaches.	52 g
	Sloppy Joe served with baked beans and rosemary potatoes.	86 g

Date _____

First Name _____ Last Name _____

Please note that side items are subject to change.

Please call us toll-free at **877.287.0768 (Voice/TTY: 800.657.3775)** or email **meals@lssmn.org** to make a payment or if you have any questions.

