

# Metro Homeless Youth Services

## GENERAL NEEDS LIST



- **Gift cards** – please make sure the value is written on the card
  - **TJ Maxx, Marshalls, Burlington**  
\$25 to \$50 gift cards
  - **Target, Cub, Aldi, Walmart**  
\$10 to \$50 gift cards
  - **Subway, McDonald's, Burger King, Taco Bell, Culver's, Chipotle, Caribou Coffee, Starbucks, etc.**  
\$5 and \$10 gift cards
- **Visa gift cards**  
Youth can pay cell phone/electric bills, etc. or get exactly what they need
- **Bus passes, Uber or Lyft gift cards**  
Stored Value and 31-Day Passes
- **Hair accessories and products**  
Hair brushes, hair binders, headbands, etc. – especially African American hair products (see list on page 2), or gift cards to Earth's Beauty Supply or Sally's Beauty Supply
- **Grooming kits**  
Nail clippers, nail file, small scissors, etc.
- **Kitchen items**  
Pots and pans, dishes, silverware, cooking utensils, mixing bowls, kitchen towels, microwaves, toasters
- **Bath items**  
Towels, hand towels, rugs, washcloths, full-size and travel size toothpaste and body wash (no bar soap please)
- **Laundry pods**
- **Socks** for all genders (adult sizes)
- **Underwear** for all genders (adult sizes, boxers and boxer briefs)
- **White T-shirts** for all genders (all sizes)
- **Tank tops/undershirts** all sizes, black and white
- **Slippers and house shoes** for all genders (all sizes)
- **Hooded sweatshirts**  
Men's sizes M–2XL and Women's sizes M–2XL
- **Sweat pants**  
Men's sizes M–XL and Women's sizes S–XL
- **Pajama pants**  
Men's sizes M–XL and Women's sizes S–XL
- **Winter jackets**  
Men's sizes S–XL and Women's sizes S–XL
- **Headphones**
- **USB flash drives**
- **Umbrellas**
- **Air mattresses**
- **Alarm clocks**
- **Baby dolls** and Barbie dolls for kids ages 6 months to 4 years (especially brown skin dolls)
- **New born and baby basics** – diapers and wipes, BPA free bottles and pacifiers, baby wash and lotion, crib sheets

Please email [MetroHomelessYouth@lssmn.org](mailto:MetroHomelessYouth@lssmn.org) for details to donate items, or complete our [sign-up form](#) to get started. Thank you for your generosity!

## Suggested Hair Products for Youth

Type of Product	Product Option #1	Product Option #2	Product Option #3	Locations Products Are Found
<b>Shampoo</b>	<i>Shea Moisture</i> (Any Version)	<i>Carol's Daughter</i> (Any Version)	<i>Mixed Chicks</i> (Clarifying Shampoo)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Conditioner</b>	<i>Shea Moisture</i> (Any Version)	<i>Carol's Daughter</i> (Any Version)	<i>As I Am</i> (Leave-In Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Leave-In Conditioner</b>	<i>Cantu</i> (Leave-In Conditioner)	<i>Kinky Curly</i> (Knot Today Natural Leave-In Detangler)	<i>Mixed Chicks</i> (Leave-In Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Moisturizer</b>	<i>Alikay Naturals</i> (Shea Yogurt Hair Moisturizer)	<i>TGIN</i> (Butter Cream Daily Moisturizer)	<i>Crème of Nature</i> (Curl Hydrating Buttercreme)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Styler (Curl Enhancer)</b>	<i>Shea Moisture</i> (Coconut & Hibiscus Curl Enhancing Smoothie)	<i>Kinky Curly</i> (Curling Custard)	<i>Eden BodyWorks</i> (Coconut Shea Curl Defining Crème)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Sealant (Oil, Pomade, or Butter)</b>	100% Coconut Oil	100% Jojoba oil	100% Argan Oil	Whole Foods, Trader Joe's, Target, Walmart, CVS, Walgreens
<b>Co-Wash</b>	<i>Cantu Natural</i> (Complete Conditioning Co-Wash)	<i>As I Am</i> (Coconut Co-Wash Cleansing Conditioner)	<i>Crème of Nature</i> (Pure-Licious Co-Wash Cleansing Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Deep Conditioner/ Hair Mask</b>	<i>Eden BodyWorks</i> (Jojoba Monoi Deep Conditioner)	<i>TGIN</i> (Honey Miracle Hair Mask Deep Conditioner)	<i>Mixed Chicks</i> (Deep Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
<b>Styler (Gels/Edge Control)</b>	<i>Eco Styler</i> (Moroccan Argan Oil Styling Gel)	<i>Organic Root Stimulator</i> (Olive Oil Edge Control)	<i>Ampro</i> (Protein Styling Gel)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens

### Tools:

- Wide tooth combs, rat-tail combs, satin bonnets/scarves, small spray bottles, soft bristle brush, nonmetal hair ties/elastics, bobby pins (black)  
(Available at Sally's Beauty Supply, Target, Walmart, Walgreens or CVS)