



President's Report





PATRICK THUESON President

Lutheran Social Service of Minnesota is a movement of 25,000 - 2,500 employees, 10,000 volunteers, and 12,500 supporters – all of whom are critical to our successful support of the individuals and families seeking to change their lives through our services. I am pleased to share with you a sampling of what this movement has accomplished in the past year in every county of the state and beyond. This has been a year of strength, growth and innovations.

In Duluth, we celebrated the grand opening of the new LSS Bethany - Services for Children, Youth and Families. LSS has evolved services as the needs of youth and families in the community have changed, from Bethany Children's Home in Duluth, an orphanage that opened in 1916, to the Bethany Crisis Shelter, which offered emergency shelter care beginning in the early 1970s. Today, as part of LSS' statewide services for children, youth and families, the beautiful new LSS Bethany touches lives throughout northeast Minnesota and beyond with safe emergency shelter for children, as well as new early intervention and prevention services. These early intervention and prevention services include parent education and coaching, behavioral health, family visitation, and reunification support.

In Crosslake, we gathered at LSS' Camp Knutson for the groundbreaking of a new dormitory. Located in northern Minnesota, Camp Knutson gives campers with identified needs a life-changing experience of community. The new camper cabin is designed to better-welcome campers who use wheelchairs and accommodate other needs.

LSS continues to grow services that meet individuals and families where they are, and provide what they need, to change their own lives. One such service that creates greater independence and self-sufficiency is LSS Meals. Over the course of this past year, we've added two new production kitchens that have expanded our delivery of nutritious meals to not only older adults, but also veterans and children living with food insecurity.

Throughout the COVID-19 pandemic, most of LSS' employees continued to deliver in-person services – albeit with extra safety protections. Conversely, some services were most-safely delivered remotely. While the pandemic may not be over, we are transitioning to more in-person work as situations allow. It's been fun to witness the outpouring of warmth and joy between colleagues as they reconnect, or in some cases, eagerly meet newer coworkers face-to-face for the first time.

In another indication of the pandemic loosening its grip, for the first time in three years LSS was able to host LSS' Deaf & Hard of Hearing Family Services Minnesota Hands and Voices celebration. Families came together to celebrate acts of exceptional service and dedication aimed at breaking down barriers to full and abundant lives. LSS Deaf & Hard of Hearing Family Services is one of the newer additions to LSS' continuum of services. Like all LSS services, Deaf & Hard of Hearing Family Services create greater possibilities. Living with differences can be isolating. LSS creates life-changing connections with the people and resources needed to assure that all people can live and work in community with full and abundant lives, such as connecting families with deaf mentors who help deaf individuals and their parents see possibilities instead of limitations.

Fall of 2022 brought the in-person return of another great tradition for the first time since 2019 – the annual LSS Celebration for Changing Lives! The evening was filled with greeting old and new friends, sharing laughs and heart-warming stories of courage, and - most importantly - hearing stories of lives changed. We are deeply grateful for the outpouring of love and financial support at the event. It was good to be together again.

At the beginning of this letter, I mentioned our 2,500 employees - without whom services could not continue. Like all employers, LSS is working hard to attract and retain our workforce. And this year, once again, we are honored to be recognized by our employees as a 2022 "Top Workplace" in the annual Star Tribune survey.



It was a year with many highlights, and much for which to be grateful. Blessing upon blessing. Because of the trust placed in LSS, we are strong, resilient, and growing - connecting more individuals and families with brighter futures and bigger possibilities than ever before. Our teams are looking forward, innovating, and putting what we've learned to work to create even more effective and measurable outcomes for the lives we impact.

I hope you enjoy learning more about what the LSS movement is accomplishing in the lives of our neighbors this year and every year.

In gratitude,

Patrick Thueson President

LSS served people across Minnesota. North Dakota and elsewhere.



We provide services that help strengthen

INDIVIDUALS & FAMILIES

to promote resiliency



Individuals & Families Served



households received supportive housing services

families received support through family resource centers

411 children received emergency care and resources

2,886 received mental health supports and services in 84 counties through



21,143 in-person therapy visits

10,297 telehealth visits

70 employer groups (EAP)

14 school partnerships

Through adoption, foster care and therapeutic foster care services



relative/kinship families served in domestic and international programs



children placed in foster care & adoption programs



countries in which we provided adoption services



7 vears average age of a child placed



children/youth were supported by 99 therapeutic foster care providers



counties in MN and ND

\$202,436

granted through the Adoption Support Fund, eliminating fee barriers for adoptees, birth and adoptive families accessing adoption and post-adoption services

children/youth adopted from therapeutic foster care

Through crisis nurseries in 롡 counties

children received

1.232 days of care &

their families received

30,586 resource items (such as diapers and clothing)



youth from 11 communitites participated in Camp Noah day camps in **7** states

Tornado disasters were the most common reason for camps

received support through Deaf & Hard of Hearing services

Deaf mentors

Deaf mentor sessions



workshops held across the state



We promote long-term financial stability for people in all stages of life through

EMPLOYMENT, FINANCIAL & LEGAL SERVICES





\$9,459,111 to creditors



individuals attended financial counseling workshops



borrowers had at least one student loan repayment counseling session

Managed \$35M in pooled trusts



processed \$4.3M for individuals served



of individuals reported improved social connectedness

ndividuals under **guardianship** A had their rights restored



56,388 hours of support

\$56M

managed for 326 individuals

115

individuals provided with supported decision-making services

Provided employment services to

8 people advancing in a health care career

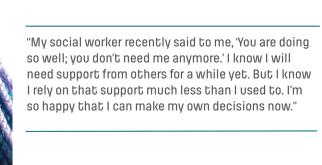


15 adults with a criminal conviction

503 people with disabilities

1.112 families

TERESA





We help caregivers and older adults maintain healthy, balanced lifestyles through

CAREGIVER & COMPANION **SERVICES**



Through caregiver and companion services



individuals received caregiver support & respite services



68 caregivers enrolled in support groups



121 caregivers participated in classes & workshops



151 hours of emergency care planning to 32 caregivers



hours of remote support



foster grandparent volunteers supported 1.296 children and youth at 193 partner site schools

older adults supported by 289 senior 1,220 older adults supported by 289 senio companion volunteers in MN and ND



56 MN counties

ND counties



individuals received coaching and support to make a healthy transition home following a hospitalization

"I couldn't care for him the way I do without the respite Tami provides. I know Dean, too. looks forward to her visits. She's trustworthy, she's so dependable, she's so caring."





We offer healthy, delicious meal options available to anyone statewide through

NUTRITION SERVICES





1,570,587 meals served across Minnesota

5,502

volunteers contributed **61.761** hours

21,291

meals served to 18-60 years olds through Second Harvest grant

40,792

frozen shipped meals



140,240

older-adult meals served at 131 dining sites

652,932

children's meals served at 35 locations

715,332

home-delivered meals



Through REFUGEE SERVICES

we help new arrivals secure housing, enroll in classes, find employment and connect with support they need to gain self sufficiency



905

Individuals & Families Served



recently resettled Americans received case management support, including



160 from Ukraine

208 from Afghanistan

77

refugees were newly resettled from 7 countries: Afghanistan, Ethiopia, Guatemala, Somalia, Syria, Rwanda, Ukraine

91

refugees were placed into jobs



171

Afghans were resettled through Humanitarian Parole due to military evacuation



283 volunteers contributed 15,049 hours of support



"LSS does so much for us, and the Circle of Welcome team - they work so hard for me. Tomorrow, they are taking me for my driver's test. Every week, they take me to the grocery store even though the shops are far from my home. They are very kind."



Through DISABILITY SERVICES

we empower people with identified needs to shape the lives they imagine for themselves



2,902 individuals received care coordination support

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1,251 new members in 2022

health system partnerships

418 individuals supported in 102 community residential services homes statewide

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average vacancy rate

received in-home support services



received Employment First Services

individuals lived with licensed providers in host homes



new matches

79
Host Home providers in 34 counties



CampKnutson

927

campers attended
17 in-person camps at
Camp Knutson with
13 partners

643

retreat guests enjoyed camp during the off-season individuals supported through specialized community supports

35 homes



6 new individuals supported

Partners in Community Supports

2,073 participants chose **self-directed services** and were supported by **2,938** workers

0-98 ages served

Provided support in **15** languages

"I can see that they love caring for Greg. They look for new ways to put a smile on his face. Knowing he's laughing and enjoying himself in his home, that just warms my heart."





We keep youth and young families safe while supporting increased stability and a healthy transition to adulthood through

YOUTH & YOUNG ADULT **SERVICES**





children, youth & families participated in education and group settings



children supported in **preschool** settings



30 young scholars received leadership education through the LSS STEAM Freedom School



32 families received support through home visiting



56 youth participated in youth councils and LGBTQIA2S+ support groups



parents/partners/ family members/ allies attended "Trans Northland Friends. Family and Allies" group



133 families received kinship support



2,990 individuals received sexuality education

Youth received independent living skills support & resources in **56** counties

group meetings

individual meetings

Youth visited resource centers **1,016** times at **4** locations



474 clothing items provided

6,934 hygiene products provided

street outreach workers made 4,226 contacts with youth, distributing

1,631 opportunities for transportation assistance

3.222 life-saving naloxone kits

15.800 basic needs/survival items

vouth received housing services

7.5 months average length of stay

All residents of Renaissance House participated in mental wellness services

education presentations on health, safety and prevention of sex trafficking



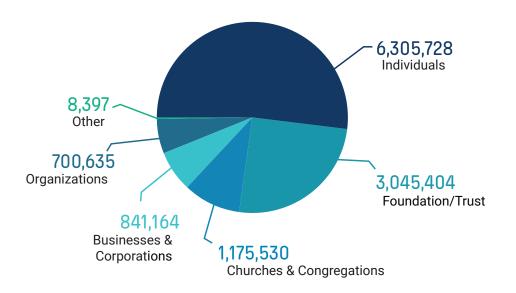
42 youth who have experienced exploitation/ trafficking received support, safety and affordable housing services

youth received health services/ supplies



Charitable Support by Constituency

Fiscal Year Ending September 2022



TOTAL FUNDRAISING

\$12,076,858

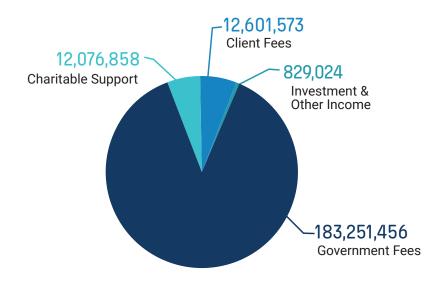


Consolidated Financial Report

Fiscal Year Ending September 2022

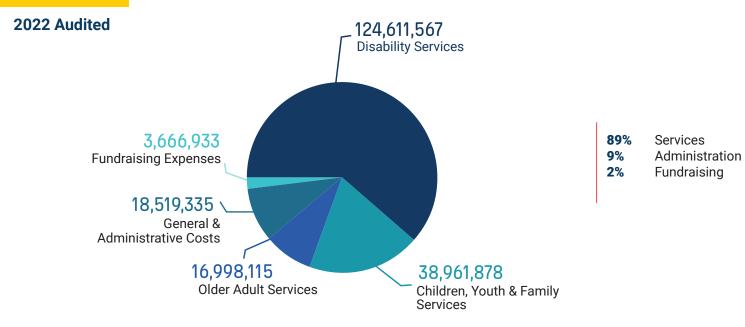


2022 Audited



TOTAL REVENUES & CHARITABLE SUPPORT \$208,758,911

Expense



TOTAL EXPENSES Change in Net Assets - Operations \$202,757,828 \$6,001,083



Mission

Lutheran Social Service of Minnesota expresses the love of Christ for **all people** through service that inspires hope, changes lives and builds community.

Vision

All people have the opportunity to live and work in community with full and abundant lives.

Strategic Objectives

Social Determinants of Health:

LSS will address underlying barriers to well-being while we continue to take responsibility for helping our neighbors access housing, healthy food, community connection, and other supports that are critical to holistic well-being.

Prevention/Early Intervention:

LSS will innovate prevention, early intervention and family preservation services and support that are critical for helping Minnesotans overcome barriers and change their lives.

Social Justice:

LSS will deepen our commitment to and increase our recognition of barriers to social justice and racial equity both within our organization and the greater community, putting this commitment into action in the way we deliver services, evaluate outcomes, pursue our advocacy efforts, and establish strategic partnerships.













