



Lutheran Social Service of Minnesota (LSS) Metro Youth & Family Services is committed to supporting system-engaged parents in building their confidence and success as they navigate parenthood and their family's needs.

We are proud to partner with Ramsey County to deliver Partnering through Community Connections (PACC).

### To Make a Referral:

1. Complete the referral form found [here](#).
2. Mail the completed form to [safefamilies@lssmn.org](mailto:safefamilies@lssmn.org)

### For more information:

Ellen Brown  
Program Manager  
[Ellen.Brown@lssmn.org](mailto:Ellen.Brown@lssmn.org)

612.454.0262

## Now Accepting Referrals

Do you serve parents leaving Child Protective Services who are in need of additional supports? LSS Metro Youth & Family Services, a partner with Ramsey County child welfare, is ready to help with community resource referrals, parenting education, behavioral health needs and employment support.

Our case managers and social workers are experienced, multilingual and have a proven track record of compassionate, client-centered care. Our services can all be provided remotely on a weekly basis to support families.

### Types of Support We Provide:

- **Resilient Parenting:** An LSS exclusive digital parent education series informed by families within the CPS system that offers topics such as parenting in recovery, successful co-parenting, establishing trust and setting boundaries (discipline), parenting vision and self-care, family safety planning, building resilience, healing trauma and much more! To learn more about *Resilient Parenting*, visit [here](#).

### Our case management services also include:

- One-to-one parenting coaching
- Referrals and support to access basic needs and school set up for children
- Therapeutic/mental health service referrals
- Domestic violence prevention and intervention support
- Employment counseling
- Assistance to find, furnish and maintain a home
- Recreational and educational opportunities for family fun and resilience