

Your free and confidential resource for work-life wellness.

Summer 2024

Legal Guidance When Needed

Whether seeking guidance for a property dispute, child visitation or to settle a DWI, NuVantage has a nationwide team of legal support. Why a nationwide team? Issues like settling the estate of an elder in another state require an attorney who knows the laws specific to that geographic area.

Access a 30-minute consultation with an attorney who specializes in laws under question. Continuing with that attorney under retainment is an option, with a discount on continuing services.

Common issues that trigger legal consultations include, but are not limited to:

- Estate Law wills, trusts, Health Care Directives, prenuptial agreements.
- Family Law child custody/support, divorce, separation.
- Property Law lease, homeowner liability.
- Criminal Law DWIs, assault.
- Tax Law inheritance, capital gains.

Note: All areas of law are covered except Employment Law. Employment Law would be a conflict of interest since NuVantage EAP benefits are paid by your employer.

Individuals who access legal consultation are under no obligation to retain the attorney and can request a second referral if the first referral is not a good fit.

The right help, at the right time. NuVantage is here for you.

Free and confidential. After-hours crisis counseling is available.

800.577.4727 NuVantage.org | NuVantage@lssmn.org



Lutheran Social Service of Minnesota

Provides NuVantage Resource as a service

Teens and Shoplifting

According to National Association of Shoplifting Prevention, approximately 9% of Americans shoplift. This percentage increases to 25% for teens aged 12-16. Most teen shoplifters have been taught that stealing is wrong but factors like peer pressure, poor impulse control, financial struggles or mental health disorders can put teens at risk of shoplifting.

If caught, most offenders end up with a juvenile record and may be put on probation requiring community service or other consequences. A shoplifting offense can tarnish even a good kid's reputation, adding an obstacle to college acceptance, building financial credit and finding employment.

Support teen shoplifters by staying calm and discussing the issue. Spend time with them and ask how you can help them prevent future shoplifting temptations. If your teen has been caught, support your teen in making amends to their victims and let them experience the natural consequences of their actions. Consider a legal consultation and enlist mental health support through NuVantage.

It's not a person's mistakes which define them – it's the way they make amends.

~Freya North, British author

Upcoming Wellness Portal Webinars

12:30-1:30 p.m. CDT on the second Wednesday of each month.

Register for **Events** on the right side of the Wellness Portal main webpage. The button for archived webinar recordings is there as well.

June 12 – The Power of Listening Jul 10 – Family and Friends – Relationships Aug. 14 – The 5 Buckets Principle Sept. 11 – Mind Over Money

NuVantage can help.

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Contact Us Today!