

Celebrate Read Across America

Spring is a great time to pick up a book! March 2 is the official observance for *Read Across America*. Started in 1998 by the National Education Association (NEA), *Read Across America* celebrates the gift of reading, encouraging children and teens to read daily and diversely. *Read Across America* features reading challenges offered by celebrities, professional athletes and prominent mentors. NEA offers a book list for each month of the year featuring three different reading levels. NEA book lists can be found at nea.org.

Join this initiative and reap the benefits that reading provides, including:

- Increased focus
- Improved memory
- Increased vocabulary
- Improved communication skills
- Increased empathy
- New cultural understanding
- Improved mental health
- Reduced stress

Check these popular sites for suggested book lists:

The Library of Congress read.gov
Good Reads Reading List goodreads.com
New York Times Best Sellers nytimes.com

“One glance at a book and you hear the voice of another person, perhaps someone dead for 1,000 years. To read is to voyage through time.”

– Carl Sagan, American astronomer, planetary scientist, cosmologist, astrophysicist and author



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