

Giving something you find meaningful to an important charitable cause has many benefits:

- Helps boost self-esteem by helping resolve social problems
- May provide a tax deduction
- Reminds you that your hard work helps many
- Creates social solidarity and interconnectedness within your community
- Provides an opportunity to reshape our world
- Helps raise awareness of social problems within your community

If you'd like to donate but are unsure how it fits into your budget, talking to a financial counselor may help you find ways to provide for yourself and share with others.



800.577.4727
www.NuVantage.org

NuVantage Employee Resource is a free and confidential service provided by your employer to help you balance your work, family and personal life.