

# CAMP NOAH

# FLEECE BLANKETS

Every child at Camp Noah receives a tied fleece blanket to use and take home at the end of camp. The blankets are wonderful gifts, but more than that, they are a recovery tool for children, providing much needed comfort as they continue to process their disaster and/or trauma experience.

## Note

Please consider committing to make enough blankets for an entire camp (50). However, we welcome donations of any number of fleece blankets!

Completed fleece blankets can be delivered or shipped to:

#### **Camp Noah**

Lutheran Social Service of Minnesota 709 University Ave W Saint Paul, MN 55104

800.987.0061 campnoah.org



### Blanket Size

**60** inches by **72** inches (approximately twin bed-sized) Fairness is very important to children, so we ask that all blankets be as close to this size as possible.

# Basic Instruction

- 1. Purchase two 2-yard pieces of fleece in complimentary colors/patterns.
- 2. Lay one piece of fleece on top of the other on a flat surface, making sure that the correct sides are facing outward.
- 3. Cut fringe (approximately 1 inch wide, 4-5 inches long) around the entire rectangle.
  - Make sure you cut the two pieces of fleece simultaneously so the fringe strips are lined up.
- 4. You will need to remove a square of fabric at each corner.
- 5. Match up the two strips (one from each piece of fleece) and double-tie them.
- 6. Repeat around the whole blanket until all of the fabric strips are tied.

# **Preferred Fabrics**

Please use youth appropriate fabrics, typically toward the older end of the childhood spectrum. Bright, gender-neutral fabrics work the best, and please stay away from very specifically themed prints (e.g. sports teams, Disney, hunting, etc.). Campers range in age from 6 to 11.

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