

Invest in
Minnesota's

Seniors



LSS Senior Nutrition

Sponsorship Program

Helping Minnesota Seniors live healthy, independent lives with nutritious meals served at dining sites or delivered to homebound seniors.

LSS Senior Nutrition Overview

Senior Nutrition provides nutritious, low-cost meals for seniors 60 years or older. We assist Minnesota seniors in living healthy independent lives. Meals are provided at congregate dining centers, Diner's Clubs, or delivered to homebound seniors by volunteers through our Meals on Wheels program.

In addition to a nutritious meal, Senior Nutrition provides:

- Social outlets and interaction
- Information about senior services
- Connections with trusted professionals

Why Your Support Is Essential

The Meals on Wheels Association reported that, "Seniors who experience hunger are at risk for serious health problems. Hunger can be life-threatening by increasing the risk for stroke, prolonging recovery from illness, extending hospital stays, limiting the effects of prescription drugs, decreasing resistance to infection, and even increasing the occurrence of depression and isolation."

What greater way to show your organization's appreciation for senior citizens who have spent a life time building the community you and they live in. By sponsoring Meals for a Day, your organization will be helping provide a community resource for "The Greatest Generation." Your support through a sponsorship will help provide the nutrition that local seniors need.

LSS Senior Nutrition Sponsorship Benefits

The sponsorship includes numerous ways your organization may be involved. We offer many opportunities that are listed below for you to be as involved and have as much contact with the people you are supporting as you desire. We also would like the community to know of the support you are providing.

Sponsor a Dining Site for a Week: \$500

Your organization can sponsor a dining site for an entire week. As a result, you get the promotional value of linking your organization with the dining site and value it offers seniors. Your organization receives signage, news coverage, publicity and the goodwill associated with helping seniors get nutritious meals while staying involved in community life. Sponsorships of \$500 provide for 100 meals for elderly people in need of a hot, nutritious meal.

Sponsor Meals for a Day: \$100

You or your organization can make a huge difference in the lives of seniors in your area by helping fund meals for a day. \$100 covers the gap between what the meal service costs and the donations that are received. You will be listed among the daily sponsors.

It is our hope that you will take advantage of any or all of these opportunities.

- Meal Servers
- "Honorary Chef"
- Meeters/Greeters – Host/Hostess
- Display Table for Business/Church Information
- Bus Tables
- Entertainment (Singing, Magic, Short Program)
- Acknowledgement on Meals on Wheels Delivery Containers

For more information please contact Steve Griffiths at 651-969-2334 or by email at steve.griffiths@lssmn.org.

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 Lutheran Social Service
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