

LSS FINANCIAL COUNSELING SERVICE

877-577-2227 <u>www.lssmn.org/debt</u>

Weekly Spending Tracker

Write down what you spend every day for a week. Add it up at the end of the week. Complete this for 4 weeks and add the total to your Monthly Expense sheet. You can add multiple expenses on each line.

Housing	Weekly Total
Home Maintenance	
Other Utility	
Automobile	Weekly Total
Auto Gasoline	
Auto Maintenance	
Parking/Bus Pass/Train	
Food	Weekly Total
Groceries	
Dining Out	
Food At Work	
School Lunches	
Clothing	Weekly Total
Clothing	
Healthcare	Weekly Total
Doctor Visits	
Dentist Visits	
Optical	
Prescriptions	
Other-Medical	
Child Related	Weekly Total
Babysitting	
Allowance	
Diapers	
Activities	
Education	Weekly Total
Tuition	
Books	
Supplies	
Leisure/Charitable	Weekly Total
Gifts/Holidays	
Newspaper	
Travel	
Alcohol/Tobacco	
Other Entertainment	
Tithe/Donations	
Job Related	Weekly Total
Tools / Work Clothes	
Miscellaneous	Weekly Total
Laundry/Dry Cleaning	
Home Cleaning	







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Personal Care	
Pet Expense	
Postage	
Other Miscellaneous	





